

# **BSDT's AYURVED MAHAVIDYALAYA, WAGHOLI, PUNE**

## **Transitional Curriculum – Report**

Transitional curriculum for First Professional BAMS 2021-22 as directed by National commission for Indian System of Medicine (NCISM), New Delhi was conducted from 02/06/2022 to 18/06/2022. Daily lectures were scheduled from 9:30am to 4:00pm.

The inauguration ceremony was conducted on 02/06/2022 at 10:00am with Deep prajwalan & Lord Dhanwantari Stavan. The program was compere by Dr.Shruti Salian. Deep prajwalan and Dhanwantari stavan was carried out in the presence of Chief guest of the program Dr. Dharmadhikari Venket & Dr.Sardeshmukh S.P.-Trustee of BSDT, Wagholi.

Dr.Venket Dharmadhikari,Asst.Director of AYUSH was the chief guest for the inaugural function. In his inaugural address, he spoke about importance of Sanskrit language for greater understanding of Samhitas & elaborated on the importance of Ayurved. He also motivated students to gain thorough knowledge of the all the subjects during their curriculum.

Programme was co-ordinated by Dr. Shinde Priyanka (Asso. Professor, Sharir Rachana) under the guidance of Dr.Kulkarni A.B.(Principal BSDTAM, Wagholi) & Dr.Nemade R.M. (Vice-Principal BSDTAM, Wagholi). All faculty members of First BAMS enthusiastically participated in the curriculum programme.

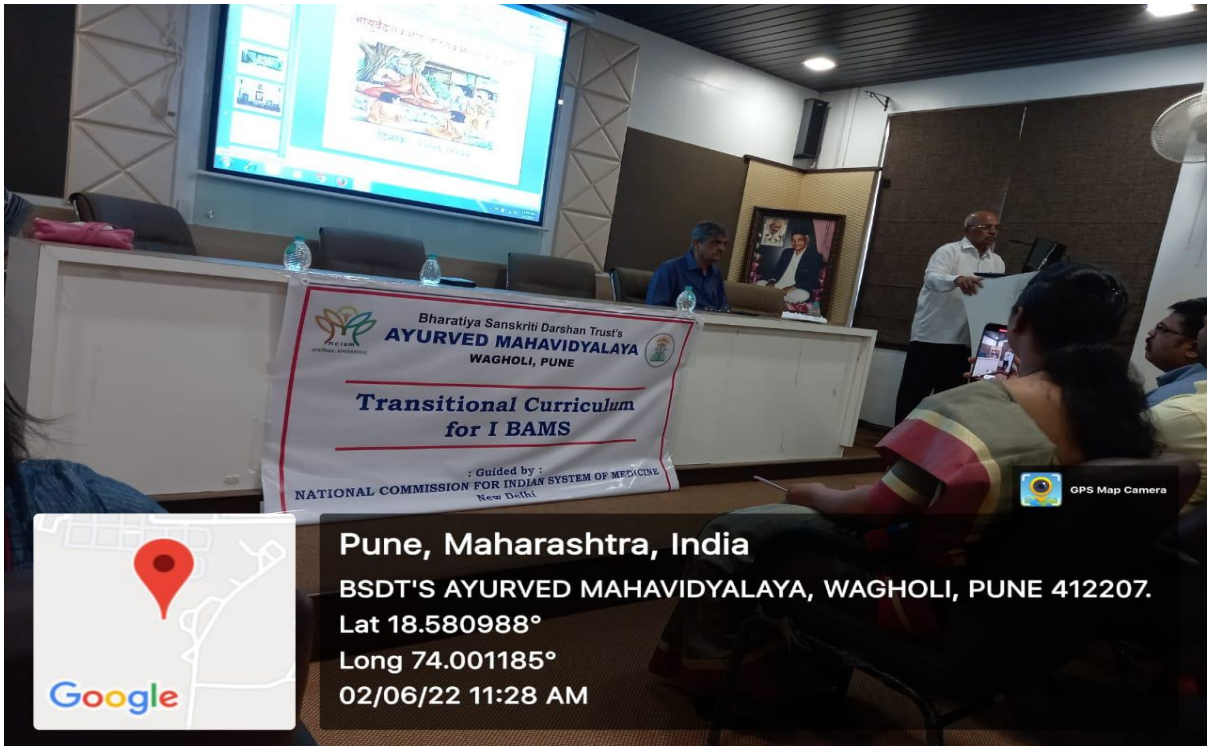
The inaugural programme concluded with vote of thanks by Dr.Joshi Seema. Scheduled lectures were started thereafter. During the 14 days programme, total 63 guest lectures were delivered by eminent Ayurvedic practitioners & Speakers. Hands on training of basic life support and first aid, communication skill and personality development, goal setting, various recreational activities and talent show, were also conducted during the programme.



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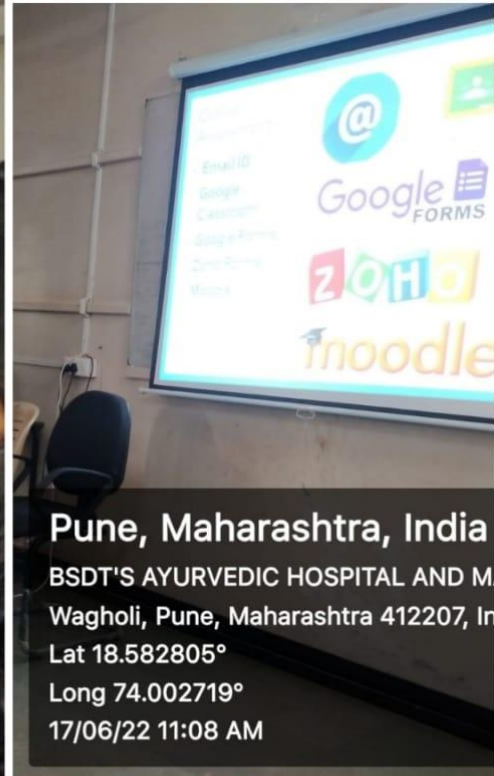


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**Pune, Maharashtra, India**

BSDT'S AYURVEDIC HOSPITAL AND MAHAVIDYALAYA,  
Wagholi, Pune, Maharashtra 412207, India  
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Long 74.002719°  
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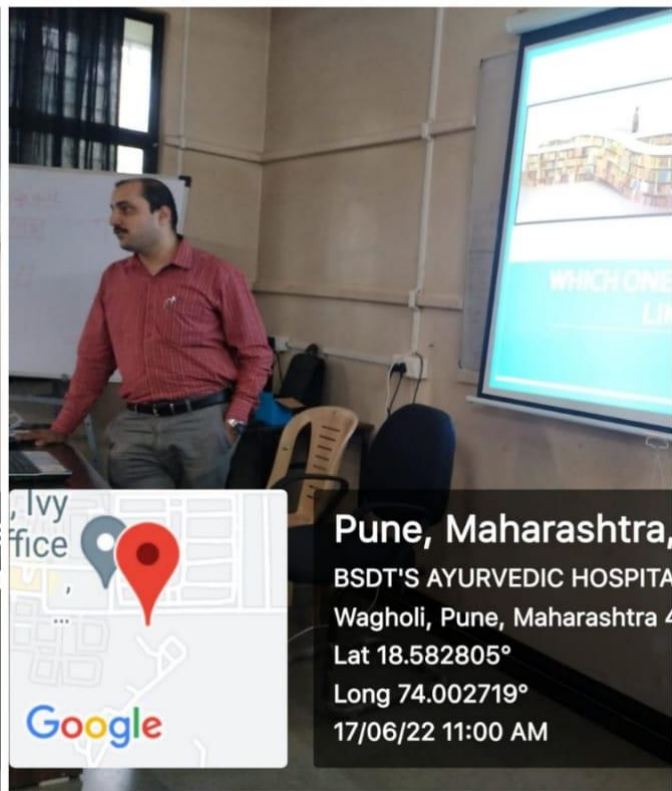
**Pune, Maharashtra, India**

BSDT'S AYURVEDIC HOSPITAL AND MAHAVIDYALAYA,  
Wagholi, Pune, Maharashtra 412207, India  
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**Pune, Maharashtra, India**

BSDT'S AYURVEDIC HOSPITAL AND MAHAVIDYALAYA,  
Wagholi, Pune, Maharashtra 412207, India  
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**Pune, Maharashtra, India**

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Wagholi, Pune, Maharashtra 412207, India  
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# BSDT's AYURVED MAHAVIDYALAYA, WAGHOLI, PUNE

## TRANSITIONAL CURRICULUM

Date	Time	Transitional Curricular Activities	Speaker
<b>Day 1</b> (2/6/22) <b>Thursday</b>	9.30 am to 10.30 am	Institutional profile	Dr. Kulkarni Anand
		Address of Chief guest	Dr. Venkat Dharmadhikari
	10.30 am to 11.30 am	Opinions of Senior students	<b>Dr. Dighe Shrikant</b>
			<b>Mr. Thomas Nicolus</b>
	11.30 am to 12.30 pm	Parent interaction, information and instructions.	Dr. Amrutkar Amruta Dr. Shinde Priyanka
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	Rules and regulations of the campus, code of conduct, and dress codes	Dr. Joshi Seema
	2.00 pm to 3.00 pm	Institutional Officials and their role in hierarchy	Dr. Amrutkar Amruta
3.00 pm to 4.00 pm	Pre Test	Dr. Amrutkar Amruta	
<b>Day 2</b> (3/6/22) <b>Friday</b>	9.30 am to 10.30 am	Samadhi Mandir, Math, Haygreeva, Goshala ( 1 to 20 )	Dr. Amrutkar Amruta Dr. Shinde Priyanka
		Sanjeevani Plantation ( 21 to 40)	Dr. Kamble Sharavati Dr. Modh Pooja
	10.30 am to 11.30 am	Samadhi mandir, Math, Haygreeva, Goshala (21 to 40 )	Dr. Amrutkar Amruta Dr. Shinde Priyanka
		Sanjeevani Plantation ( 41 to 60)	Dr. Kamble Sharavati Dr. Modh Pooja
	11.30 am to 12.30 pm	Samadhi mandir, Math, Haygreeva, Goshala (41 to 60)	Dr. Amrutkar Amruta Dr. Shinde Priyanka
		Sanjeevani Plantation ( 1 to 20)	Dr. Kamble Sharavati Dr. Modh Pooja
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	An Introduction of Various Medical Systems	Dr. Deshpande Anjali
	2.00 pm to 3.00 pm	An Overview of the BAMS curriculum and the subjects, including highlights of the Minimum Standards of Education-2021.	Dr. Moghe Pallavi
3.00 pm to 4.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh	
<b>Day 3</b> (4/6/22) <b>Saturday</b>	9.30 am to 10.30 am	Atharva Nature Healthcare Pvt Ltd. ( 1 to 20 )	Dr. Kulkarni Radhesh
		Ayurved Mahavidyalaya ( 21 to 40)	Dr. Joshi Seema
	10.30 am to	Atharva Nature Healthcare Pvt Ltd. (21 to 40 )	Dr. Kulkarni Radhesh



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Date	Time	Transitional Curricular Activities	Speaker
	11.30 am	Ayurved Mahavidyalaya ( 41 to 60)	Dr. Joshi Seema
	11.30 am to 12.30 pm	Atharva Nature Healthcare Pvt Ltd. (41 to 60)	Dr. Kulkarni Radhesh
		Ayurved Mahavidyalaya ( 1 to 20)	Dr. Joshi Seema
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	Ayurveda's national and international reach, higher education in Ayurveda, job opportunities, entrepreneurship, etc.	<b>Dr. Sardeshmukh Sukumar</b>
	2.00 pm to 3.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	3.00 pm to 4.00 pm	<b>Motivational Lecture</b>	<b>Dr. Sardeshmukh Sushrut</b>
<b>Day 4 (6/6/22) Monday</b>	9.30 am to 10.30 am	Integrated Cancer Research Centre ( 1 to 20 )	Dr. Salian Shruti
		Ayurved Hospital and Panchakarma Hospital ( 21 to 40)	Dr. Sarode Yogita
	10.30 am to 11.30 am	Integrated Cancer Research Centre (21 to 40 )	Dr. Salian Shruti
		Ayurved Hospital and Panchakarma Hospital ( 41 to 60)	Dr. Sarode Yogita
	11.30 am to 12.30 pm	Integrated Cancer Research Centre ( 41 to 60)	Dr. Salian Shruti
		Ayurved Hospital and Panchakarma Hospital ( 1 to 20)	Dr. Sarode Yogita
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh
2.00 pm to 3.00 pm	Orientation of Regulatory/Governing Bodies (Ministry of AYUSH, NCISM, affiliated universities, State Commissionerate/ Directorate, etc.) and introduction of their heads.	Dr. Shinde Priyanka	
3.00 pm to 4.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh	
<b>Day 5 (7/6/22) Tuesday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	<b>Motivational Lecture</b>	<b>Dr. Sardeshmukh S. P.</b>
	11.30 am to 12.30 pm	ASUS (Ayurveda, Siddha, Unani, and Sowa-Rigpa) medical systems and their roles in primary health care, public health, and disease prevention	Dr. Karambelkar Sumedha
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to	Communication skills & team building activities	<b>Mrs. Thool</b>





## BSDT's AYURVED MAHAVIDYALAYA, WAGHOLI, PUNE

Date	Time	Transitional Curricular Activities	Speaker
	2.00 pm		
	2.00 pm to 3.00 pm	Personal health and Fitness	Dr. Shete Poonam
	3.00 pm to 4.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh
<b>Day 6 (8/6/22) Wednesday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	<b>Motivational Lecture</b>	<b>Dr. Suru Prashant</b>
	11.30 am to 12.30 pm	Gender Sensitization	<b>Mrs. Manjiri Takale</b>
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	Time management, examination strategies	<b>Dr. Bahirat Sunil</b>
	2.00 pm to 3.00 pm	Critical Thinking	
	3.00 pm to 4.00 pm	<b>Motivational Lecture</b>	<b>Dr. Supekar Aaishvarya</b>
<b>Day 7 (9/6/22) Thursday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	Soft skills	<b>Mrs. Thool</b>
	11.30 am to 12.30 pm	Stress Management	<b>Dr. Temgire Harish</b>
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	Stress Management	<b>Dr. Temgire Harish</b>
	2.00 pm to 3.00 pm	Relaxation techniques	
	3.00 pm to 4.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh
<b>Day 8 (10/6/2022) Friday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	Empathy and respecting conduct	<b>Mrs. Thool</b>
	11.30 am to 12.30 pm	<b>Motivational Lecture</b>	<b>Dr. Dharmadhikari Anant</b>
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to	National Health Status, Goals and Policies	Dr. Patil Prashant



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Date	Time	Transitional Curricular Activities	Speaker
	2.00 pm		
	2.00 pm to 3.00 pm	Basics of Computer	Dr. Pathak Apurva
	3.00 pm to 4.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh
<b>Day 9</b> <b>(11/6/2022)</b> <b>Saturday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	Confidence & personal growth	<b>Mrs. Thool</b>
	11.30 am to 12.30 pm	Demonstration of office related procedures	Mr. Tekawade Pradeep
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	Basic Life support	Dr. Sarode Yogita
	2.00 pm to 3.00 pm	<b>Motivational Lecture</b>	<b>Dr. Marda Ghanashyam</b>
	3.00 pm to 4.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh
<b>Day 10</b> <b>(13/6/2022)</b> <b>Monday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	Speaking in front of audience	<b>Mrs. Thool</b>
	11.30 am to 12.30 pm	Yoga	<b>Mrs. Joshi Meenakshi</b>
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	First Aid	Dr. Shinde Alisha
	2.00 pm to 3.00 pm	Demonstration of leave related, Campus behavior and availing health care facilities	Dr. Nabar Sneha
	3.00 pm to 4.00 pm	Vadatu Sanskritam	Dr. Kulkarni Radhesh
<b>Day 11</b> <b>(14/6/22)</b> <b>Tuesday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	Role of AYUSH in COVID-19 management and its scientific outcomes (Ref. Ministry of Ayush Dossier)	<b>Dr. Pandkar Prasad</b>
	11.30 am to 12.30 pm	Meditation	<b>Mrs. Joshi Meenakshi</b>
	12.30 pm to 1.00 pm	Lunch	-----



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Date	Time	Transitional Curricular Activities	Speaker
	1.00 pm to 2.00 pm	Basic Life support and First aid technique demonstration	Dr. Sarode Yogita Dr. Shinde Alisha
	2.00 pm to 3.00 pm	Hands on Training of Basic life support and First Aid	Dr. Sarode Yogita Dr. Shinde Alisha
	3.00 pm to 4.00 pm	Hands on Training of Basic life support and First Aid	Dr. Sarode Yogita Dr. Shinde Alisha
<b>Day 12</b> <b>(15/6/2022)</b> <b>Wednesday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	Orientation to learning methods: self-learning, collaborative learning, lifelong learning strategies	Dr. Amrutkar Prashant
	11.30 am to 12.30 pm	Creation of Email id, email correspondence , internet browsing	<b>Dr. Kamble Sharavati</b>
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	MS Office - Word	<b>Mrs. Jadhav Nilima</b>
	2.00 pm to 3.00 pm	MS Office- Excel	
	3.00 pm to 4.00 pm	MS Office- Power point	
<b>Day 13</b> <b>(16/6/2022)</b> <b>Thursday</b>	9.30 am to 10.30 am	Vadatu Sanskritam	Dr. Kulkarni Radhesh
	10.30 am to 11.30 am	Health awareness	Dr. Kulkarni Archana
	11.30 am to 12.30 pm	Personal Hygiene	Dr. Salian Shruti
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	Demonstration of Library related and internet related Procedures	Mrs. Patil Bharati
	2.00 pm to 3.00 pm	Recreational activities	Dr. Takawale Soniya Dr. Modh Pooja
	3.00 pm to 4.00 pm	Talent Show	Dr. Takawale Soniya Dr. Modh Pooja
<b>Day 14</b> <b>(17/6/2022)</b> <b>Friday</b>	9.30 am to 10.30 am	Recreational activities and Talent Show	Dr. Takawale Soniya Dr. Modh Pooja
	10.30 am to 11.30 am	Safety app installation – My Safetipin	<b>Amrita Ajotikar Helwade</b>
	11.30 am to 12.30 pm	Safety app installation- Smart 24*7, 122India	
	12.30 pm to 1.00 pm	Lunch	-----



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Date	Time	Transitional Curricular Activities	Speaker
	1.00 pm to 2.00 pm	Safety app installation- CitizenCOP, Himmat	<b>Amrita A jotikar Helwade</b>
	2.00 pm to 3.00 pm	Safety app installation- Shake2safety	
	3.00 pm to 4.00 pm	Safety app installation- Raksha	
<b>Day 15 (18/6/2022) Saturday</b>	9.30 am to 10.30 am	Recreational activities and Talent Show	Dr. Takawale Soniya Dr. Modh Pooja
	10.30 am to 11.30 am	How to set Goals	<b>Dr. Bahirat Sunil</b>
	11.30 am to 12.30 pm	Students set their goals and the path to achieve them with the help of experts and mentors	
	12.30 pm to 1.00 pm	Lunch	-----
	1.00 pm to 2.00 pm	The set goals shall be recorded and signed by the student and mentor. One copy with the student and one copy filed in the office.	Dr. Joshi Seema Dr. Karambelkar Sharadini
	2.00 pm to 3.00 pm	Post Test	Dr. Amrutkar Amruta
	3.00 pm to 4.00 pm	Outcome and Feedback	Dr. Amrutkar Amruta

